



FAMILY LIFE

FEBRUARY HAC - MERIT BADGE FOR SCOUTS BSA

MERIT BADGE TRACKING



The tracking tool below is simply for your own tracking of completion of requirements.

Scouts are encouraged to find a local merit badge counselor to meet, discuss, and sign off on completion of the merit badge, however the HomeScouting Adventure Club will offer limited counseling sessions for Scouts needing a counselor.

Requirement	Completed?
1. Prepare an outline on what a family is. Tell why families are important to individuals and to society. Describe how the actions of one member can affect other members.	
2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.	
3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.	
4. Decide on and carry out a project that you would do around the home that would benefit your family. Prepare a report to your merit badge counselor outlining how the project benefited your family.	
5. Plan and carry out a project that involves the participation of your family. After completing the project, discuss the following with your merit badge counselor: <ul style="list-style-type: none"> • The objective or goal of the project • How individual members of your family participated • The results of the project 	
6. Do the following:	
a. Discuss how to plan and carry out a family meeting.	
b. Plan and carry out a family meeting to include the following subjects: <ul style="list-style-type: none"> • Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being. • Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex* • How your chores in requirement 3 contributed to your role in the family • Personal and family finances • A crisis situation within your family • The effect of technology on your family • Good etiquette and manners <p><i>Discussion of each of these subjects will very likely carry over to more than one family meeting.</i></p>	
7. Describe your understanding of what makes an effective parent and why, and your thoughts on the parent's role and responsibilities in the family.	



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MERIT BADGE WORKSHEET



Through exploring The Trail inside the ClubHouse for the HomeScouting Adventure Club, complete this worksheet to demonstrate your knowledge of Family Life. This worksheet will not be turned in and for your own use to demonstrate knowledge.

Prepare an outline on what a family is.

Why are families important to individuals like you and to society?

Individuals

Society

How can the actions of one family member affect other family members?

How does this project benefit your family?

Plan and carry out a project that involves the participation of your family.

What is the project? _____

What is the goal or objective of the project?

How did individual members of your family participate?

What were the results of this project?

The Family Meeting: How to Carry It Out *(more details on next page, too)*

Below you can find tips on how to carry out your family meeting.

- Set aside a specific time. Set a day, time, and place in advance.
- Items to discuss are: family life, current issues, and ongoing events (both happy and unpleasant)
- To stay on track during your family meeting, develop an agenda
- Include as many family members who live in the household as possible.
- One person should lead the discussion. Another person should be responsible for keeping a written or taped record of the proceedings.
- The topics should be about situations, not individuals. For example, phrasing a question as, "How can we make sure to get the trash out before the garbage truck comes?" rather than "How can we get Brent to take out the trash?"
- Use a drop box for current issues and hot topics. Talk about any critical items first, then take turns drawing for the other topics to be discussed that week.
- Family members must listen without interrupting. Having family members hold up a card or raise their hand when they wish to speak may be useful.

FAMILY LIFE WORKSHEET

Describe your understanding of what makes an effective parent and why.

What are your thoughts on the parent's role and responsibilities in the family?

's Chore Chart (continued)

Chore 1: _____

Chore 2: _____

Chore 3: _____

Week: _____

Day	S	M	T	W	T	F	S
Chore 1							
Chore 2							
Chore 3							
Chore 4							
Chore 5							
Chore 6							

Week: _____

Day	S	M	T	W	T	F	S
Chore 1							
Chore 2							
Chore 3							
Chore 4							
Chore 5							
Chore 6							

Week: _____

Day	S	M	T	W	T	F	S
Chore 1							
Chore 2							
Chore 3							
Chore 4							
Chore 5							
Chore 6							

Chore 4: _____

Chore 5: _____

Chore 6: _____

Week: _____

Day	S	M	T	W	T	F	S
Chore 1							
Chore 2							
Chore 3							
Chore 4							
Chore 5							
Chore 6							

Week: _____

Day	S	M	T	W	T	F	S
Chore 1							
Chore 2							
Chore 3							
Chore 4							
Chore 5							
Chore 6							

Week: _____

Day	S	M	T	W	T	F	S
Chore 1							
Chore 2							
Chore 3							
Chore 4							
Chore 5							
Chore 6							